

### **Original Article**

# Serum Levels of Anti-Citrullinated Protein Antibody (ACPA) and TWEAK in Patients with Rheumatoid Arthritis: Association with Disease Activity and Treatment Modalities

Romatoid Artritli Hastalarda Serum TWEAK ve Anti-Sitrülinlenmiş Protein Antikor (ACPA) Seviyeleri: Tedavi Yöntemleri ve Hastalık Aktivitesiyle İlişkisi

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**Objectives:** In this study, we evaluated the serum levels of a serum TNF-related weak inducer of apoptosis (TWEAK) and anti-citrullinated protein antibody (ACPA) and investigated the possible correlation of these parameters with disease activity, cytokine levels and anti-TNF-alpha treatment in patients with rheumatoid arthritis (RA).

Patients and methods: Fifty-one patients with RA (39 females and 12 males) and 25 healthy controls were enrolled in the study. Of these, 22 patients were on anti-TNF-alpha and 29 were solely on disease-modifying anti-rheumatic drugs. Serum TWEAK, anti-ACPA [anti-modified citrullinated vimentin (MCV) and anticyclic citrullinated peptide, (CCP)], TNF-alpha, and interleukin-1 levels were determined by enzyme-linked immunosorbent assay (ELISA). The disease activity of RA was assessed according to Disease Activity Score 28 (DAS28). Radiographs were scored according to the modified Sharp methods.

**Results:** The RA patients had significantly higher anti-MCV and anti-CCP levels. When RA patients and controls were evaluated for serum TWEAK levels, there was no statistically significant difference (p=0.765). No significant correlation was detected between the anti-CCP, anti-MCV, and modified Sharp scores. A significant positive correlation was determined among anti-MCV, anti-CCP, and modified Sharp scores. There was a negative correlation between anti-CCP levels and serum TWEAK levels in RA patients (r=-0.84, p=0.471) that was not statistically significant.

**Conclusion:** Our study has shown that levels of anti-MCV and anti-CCP are higher in RA patients than in controls, and these also correlates with the modified Sharp scores. TWEAK levels were similar for RA patients receiving different medications and the controls.

Key words: Anti-citrullinated protein antibody; anti-TNF-alpha; rheumatoid arthritis; TWEAK.

Amaç: Bu çalışmada romatoid artritli (RA) hastalarda serum tümor nekroz faktörü (TNF) ile ilişkili zayıf apoptoz indükleyici (TWEAK) ve anti-sitrülinlenmiş protein antikorların (ACPA) düzeyi araştırıldı ve bu parametrelerin hastalık aktivitesi, sitokin seviyeleri ve anti-TNF-alfa tedavisi ile olası ilişkisi değerlendirildi.

Hastalar ve yöntemler: Çalışmaya 51 RA'lı hasta (39 kadın ve 12 erkek) ve 25 sağlıklı kontrol dahil edildi. Hastalardan 22'si anti-TNF-alfa ve 29'u sadece hastalığı modifiye edici antiromatizmal ilaçlar almaktaydı. Serum TWEAK, anti-APCA [(antimodifiye strülinlenmiş vimentin (MCV) ve anti-siklik sitrülinlenmiş peptid, (CCP)], TNF-alfa ve interlökin-1 düzeyleri enzim bağlı immünosorbent testiyle (ELISA) ölçüldü. Romatoid artrite ilişkin hastalık aktivitesi Hastalık Aktivitesi Skoru 28'e (DAS28) göre değerlendirildi. Radyografiler modifiye Sharp yöntemlerine göre puanlandı.

**Bulgular:** Romatoid artritli hastalar anlamlı ölçüde daha yüksek anti-MCV ve anti-CCP düzeylerine sahipti. Romatoid artritli hastalar ve kontroller serum TWEAK düzeyleri yönünden değerlendirildiğinde istatistiksel olarak anlamlı herhangi bir fark yoktu (p=0.765). Anti-CCP, anti-MCV ve modifiye Sharp skorları arasında anlamlı bir ilişki tespit edilmedi. Anti-CCP, anti-MCV ve modifiye Sharp skorları arasında anlamlı bir pozitif ilişki tespit edildi. Romatoid artritli hastalarda serum TWEAK düzeyleri ile anti-CCP düzeyleri arasında bir negatif ilişki (r=-0.84, p=0.471) mevcuttu, ancak bu istatistiksel olarak anlamlı değildi.

**Sonuç:** Çalışmamız anti-CCP ve anti-MCV düzeylerinin RA'lı hastalarda kontrol grubundan daha yüksek olduğunu ve aynı zamanda modifiye Sharp skoru ile ilişkili olduğunu gösterdi. TWEAK düzeyleri farklı ilaç tedavileri alan RA'lı hastalar ile kontroller arasında benzerdi.

Anahtar sözcükler: Anti- sitrülinlenmiş protein antikor; anti-TNF-alfa; romatoid artrit; TWEAK.

Rheumatoid arthritis (RA) is an autoimmune disease characterized by inflammation of synovial tissue and destruction in the joints. Treatment and early diagnosis of RA are very important. Therefore, specific laboratory tests are desirable to help in identifying early RA. Autoantibodies to citrullinated proteins [anti-perinuclear factor, anti-keratin antibodies, anticyclic citrullinated peptide (anti-CCP), and anti-Sa (vimentin)] have been described in other studies.[1] These antibodies may serve as a powerful serologic marker for early diagnosis and prognostic prediction of RA.[2,3] While the specificity of these tests is above 90%, sensitivity varies between 33% and 87.2%.[1] Recently, studies have been reported that are associated with the poor radiographic prognosis of anti-mutated citrullinated vimentin (anti-MCV).[4,5]

The cytokine tumor necrosis factor (TNF)-related weak inducer of apoptosis (TWEAK) is a new member of the TNF family. It is known that TWEAK induces the production of cytokines that are involved in the pathogenesis of RA.<sup>[6]</sup> Anti-TNF-alpha treatment has been associated with dramatic improvements in the clinical signs and symptoms of RA.<sup>[7]</sup> However, some patients respond poorly to anti-TNF treatment. New TNF family members may explain this issue. In a recent study, it was reported that serum TWEAK levels in patients with RA were correlated with disease activity, and these significantly decreased with anti-TNF-alpha treatment.<sup>[8]</sup>

In this study, we investigated the serum levels of TWEAK, anti-CCP, and anti-MCV in patients with RA and attempted to determine whether the aforementioned parameters are associated with disease activity, levels of cytokines (TNF and interleukin-1 (IL-1), and anti-TNF-alpha treatment.

### PATIENTS AND METHODS

This study was conducted on patients with RA admitted to our polyclinic between June 2008 and October 2008. Fifty-one RA patients and 25 healthy volunteers were enrolled in this study. All patients were adults over the age of 16 and had a definite diagnosis of RA according to the American College of Rheumatology (ACR) 1987 revised criteria. The patients with RA (n=51) underwent physical examinations, and their clinical characteristics were recorded. Informed consent was obtained before the examination, and the local ethics committee of the university granted approval for the study. Controls (n=25) were matched to the patients with RA by age and gender. Forty-two RA patients

were receiving treatment with the single or combined disease-modifying antirheumatic drugs (DMARDs) methotrexate, sulfasalazine, and lenfluamid alone or taking them in combination with corticosteroids (≤10 mg/day). Twenty-two patients with RA were on anti-TNF-alpha treatments (etanercept, adalimumab and infliximab). These patients responded to the anti-TNF-alpha treatment [(improvement of >0.6 in Disease Activity Score 28 (DAS28 score)]. Thirteen out of the patients on anti-TNF treatment were also receiving DMARDs.

At the time of the blood sample collection, the disease activity of patients with RA was assessed according to the 28-joint count DAS28 using the number of swollen and tender joints. Radiographic assessments of hands and feet were performed using the van der Heijde modified total Sharp scores (mTSS). [10] Radiographs were scored by two specialized radiologists who shared information about the study protocol. The mean score of two readers was used for analyses.

### Laboratory parameters

Serum concentrations of TWEAK, anti-ACPA [(anti-modified citrullinated vimentin (MCV) and anti-cyclic citrullinated peptide, (CCP)], TNF-alpha, and IL-1 were detected by commercially available, enzyme-linked immunosorbent assays (ELISAs) using the manufacturer's instructions. Anti-CCP was detected by a second generation. Values >25 U/ml for anti-CCP were considered positive. These were consistent with the recommendation of the manufacturer (Euro-Diagnostica, Malmö, Sweden). ELISA kits for human TWEAK were purchased from Bender Medsystems, Vienna, Austria. The serum levels of IgM-rheumatoid factor (IgM-RF) were routinely determined by a nephelometric method and recorded as a qualitative (positive/negative) variable (normal values 0-15 U/ml).

### Statistical analysis

The results are expressed as mean ± standard deviation (SD). Variables were tested for normal distribution using the Kolmogorov-Smirnov test. Comparisons between the two groups were performed using Student's t-test (parametric analysis) and the Mann-Whitney U-test (non-parametric analysis). A comparison among groups was performed using the Kruskal-Wallis test and one-way analysis of variance (ANOVA) followed by a post-hoc test adjusted with a Bonferroni correction. Pearson correlation coefficients

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were calculated. Because TWEAK levels have a skewed distribution, they were logarithmically transformed. A P value of <0.05 was considered to be significant.

# **RESULTS**

Demographic, clinical, and serological data of the patients with RA and the controls are given in table 1. Of the 51 patients in the study, 22 were receiving anti-TNF-alpha (group 1) and 29 only DMARDs (group 2). The average treatment duration of the patients with RA was 7.3±4.9 years. The average DAS28 scores of these patients were 3.5±1.3. In this study, the mean age in the patients with RA and the controls was 46.7±13.6 and 45.7±12.1 years, respectively. The RA patients also had significantly higher mean C-reactive protein (CRP) and erythrocyte sedimentation rate (ESR) levels than the healthy controls. Thirty-seven (72.5%) of the 51 patients with RA had anti-CCP >25 U/ml. There were no significant differences in age, gender, duration of disease, ESR, CRP, DAS28, or rheumatoid factor (RF) between the anti-TNF-alpha group 1 and the DMARD group 2 (table 2).

All the patients who were considered anti-MCV and anti-CCP were determined to have higher levels than in the controls (anti-CCP, 86.0±73.0 U/ml and anti-MCV, 205.0±198.3 U/ml for RA vs. anti-CCP, 7.5±7.4 U/ml and anti-MCV, 34.0±7.6 U/ml, for controls, p<0.001). The serum TWEAK levels in patients with RA were not different from those of the controls (618±259 pg/ml

for RA patients, 566±137 pg/ml for controls, p=0.765). The serum TWEAK levels of the controls and RA patients are displayed in a scatter plot in figure 1. The serum TWEAK levels of the anti-TNF treatment group (group 1) were lower than the controls. They were also lower than those on DMARD treatment alone, but these differences were not at a significant level. When the RA patients were divided into subgroups according to their disease activity score (inactive, moderate, very active), there was no significant difference between the serum TWEAK levels among subgroups and pairwise comparisons (p=0.642 for subgroups). The patients with RA had higher serum concentrations of TNF-alpha (24.1±11.9 pg/ml vs. 16.5±4.1 pg/ml for controls, p<0.001), but the serum IL-1 levels were not different from those of the controls (15.9±2.3 pg/ml vs. 15.9 $\pm$ 0.8 pg/ml for controls, p=0.244). When patients were divided into the anti-TNF group and the group taking only DMARDs, there was no significant difference in the baseline serum anti-CCP and anti-MCV levels between the two groups (table 2). For the RA patients on different medication, the serum TWEAK levels were similar (536±177 pg/ml for group 1 and  $679\pm350 \text{ pg/ml}$  for group 2, p=0.873).

A significant correlation was determined in patients with RA between anti-MCV and anti-CCP levels (r=0.67, p<0.001). Also, the mTSS showed significant associations with anti-MCV and anti-CCP (r=0.47, p<0.001 for anti-MCV and r=0.57, p<0.001 for anti-

	Pa	itients wit	th RA (n=51)				
	n	%	Mean±SD	n	%	Mean±SD	Р
Age (year)			46.7±13.6			45.7±12.1	0.745
Gender							
Male	12			6			0.257
Female	39			19			0.257
Disease duration (year)			$7.3 \pm 4.9$			_	_
Rheumatoid factor positive	35	68.6		_	_		_
Erythrocyte sedimentation rate (mm/h)			31.7±19.0			13.6±6.2	< 0.00
C-reactive protein (mg/dl)			$1.3 \pm 2.0$			$0.4\pm0.2$	< 0.00
Anti-cyclic citrullinated peptide (U/ml)			86.0±73.0			7.5±7.4	< 0.00
Anti-modified citrullinated vimentin (U/ml)			205.0±198.3			34.0±7.6	< 0.00
TWEAK (pg/ml)			618±259			566±137	0.765
Tumor necrosis factor (pg/ml)			24.1±11.9			16.5±4.1	< 0.00
Interleukin-1 (pg/ml)			15.9±2.3			15.9±0.8	0.244
Modified total Sharp scores			107.0±80.8				
Disease activity score 28			3.5±1.3				
Anti-tumor necrosis factor-alpha	22	43.1		_	_		_
Disease-modifying anti-rheumatic drugs	42	82.3		_	_		_

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		Rheumatoid arthritis								
	Group 1 (n=22)			G	Group 2 (n=29)			ontro		
	n	%	Mean±SD	n	%	Mean±SD	n	%	Mean±SD	Р
Age (year)			46.1±15.1			47.1±12.5			45.7±12.1	0.917
Gender										
Male	5			7			6			0.518
Female	17			22			19			0.518
Duration disease (year)			$8.2 \pm 5.0$			$9.8 \pm 4.3$			-	0.226
C-reactive protein (mg/dl)			$1.2 \pm 1.4$			$1.4 \pm 2.3$			$0.4 \pm 0.2$	< 0.001*
ESR (mm/h)			30.7±20			32.5±18.5			13.3±6.2	< 0.001*
Rheumatoid factor positive	15/22	69.2		20/29	69		_	_		0.099
Disease activity score 28			$3.4\pm1.2$			$3.7 \pm 1.4$			-	0.481
Anti-CCP (U/ml)			96.7±80.1			$77.8 \pm 67.4$			$7.5 \pm 7.4$	<0.001**
Anti-MCV (U/ml)			193.9±186.7			213.4±209.5			$34.0 \pm 7.4$	<0.001**
TWEAK (pg/ml)			536±177			679±350			566±137	0.671†
Interleukin 1 (pg/ml)			15.5±0.8			16.2±3.0			$15.9 \pm 0.8$	0.304
TNF (pg/ml)			30.4±15.0			19.4±5.6			16.5±4.1	<0.001††

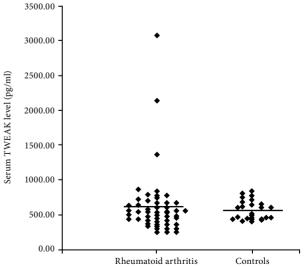
SD: Standard deviation; ESR: Erythrocyte sedimentation rate; Anti-CCP: Anti-cyclic citrullinated peptide; Anti-MCV: Anti-modified citrullinated vimentin; TWEAK: TNF-related weak inducer of apoptosis; TNF: Tumor necrosis factor; DMARDs; disease-modifying anti-rheumatic drugs; \*: Control different from other: Anti-TNF group vs DMARDs group; \*\*: Anti-TNF group vs DMARDs: p>0.05 for Anti-CCP and Anti-MCV; †: Anti-TNF group vs DMARDs: p=0.873 for TWEAK; †; Anti-TNF group vs DMARDs: p=0.02 for TNF (significantly).

CCP). A negative correlation was shown between anti-CCP and DAS28 (r=-0.30, p=0.028; table 3). For the serum TWEAK levels in the RA patients, there was a very weak positive correlation with DAS28 (r=0.10, p=0.489) and a negative correlation with anti-CCP levels (r=-0.84, p=0.471). These were not statistically significant (table 3). Also, there were not any statistically significant differences between the serum TWEAK levels of the patients with RA who were anti-CCP and those who were RF positive or negative (p>0.05).

### **DISCUSSION**

Rheumatoid factor, which is included as part of the criterion in the ACR classification criteria for RA, is classically used as a serologic indicator of RA.<sup>[9]</sup> It has low specificity for RA and may also be found in many diseases. Currently, available data suggests that the diagnosis of RA can benefit from testing for antibodies to citrulline-containing peptides. Anti-CCP and anti-MCV are included in the peptides. They have shown an excellent diagnostic value for RA diagnosis. There have been several reports that anti-CCP might be a predictive marker for the progression of joint destruction.[11,12] In the report of Kroot et al.,[13] anti-CCP was positive in 70% of 273 patients with early RA (less than 1 year), and patients with anti-CCP developed significantly more severe radiological damage after six years of follow-up. The Sa autoantigen can be found in the inflamed synovium of patients with RA, and anti-Sa response is directed against citrullinated vimentin. [14] Studies have shown that anti-CCP assay appears to be superior to the anti-MCV test in the diagnostic performance of RA.<sup>[2,3]</sup>

In their study which followed patients with early RA, Mathsson et al.<sup>[4]</sup> reported that changes in the anti-MCV level showed a stronger correlation with



**Figure 1.** Serum TWEAK levels of controls and RA patients. TWEAK: TNF-related weak inducer of apoptosis.

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**Table 3.** Pearson correlation coefficients between DAS28, anti-MCV, anti-CCP, TWEAK and Sharp scores in rheumatoid arthritis patients

	DA	DAS28		Anti-MCV		Anti-CCP		TNF		TWEAK log		mTSS	
	r	p	r	p	r	p	r	p	r	p	r	p	
DAS28	X	X	-0.13	0.364	-0.30	0.028	0.26	0.065	0.99	0.489	-0.54	< 0.001	
Anti-MCV	-0.13	0.364	X	X	0.67	< 0.001	0.13	0.259	-0.10	0.391	0.47	< 0.001	
Anti-CCP	-0.30	0.028	0.67	< 0.001	X	X	0.19	0.080	-0.84	0.471	0.57	< 0.001	
TNF	0.26	0.065	0.13	0.259	0.19	0.080	X	X	0.07	0.515	0.11	0.437	
TWEAK log	0.10	0.489	-0.10	0.391	-0.84	0.471	0.07	0.515	X	X	-0.14	0.313	
mTSS	-0.54	< 0.001	0.47	< 0.001	0.57	< 0.001	0.11	0.437	-0.14	0.313	X	X	

<sup>\*:</sup> TWEAK levels are determined as log; Anti-CCP: Anti-cyclic citrullinated peptide; Anti-MCV: Anti-modified citrullinated vimentin; TWEAK: TNF-related weak inducer of apoptosis; DAS28: Disease activity score 28; mTSS: Modified total Sharp scores.

changes in clinical parameters than it did with changes in the anti-CCP level. The presence of anti-MCV was predictive of subsequent high disease activity and continued radiographic progression in early RA. Also, anti-MCV seems to perform better than anti-CCP in detecting poor radiographic prognosis. In that study, Mathsson et al.<sup>[4]</sup> has reported that the analysis of anti-MCV yields greater sensitivity and unchanged specificity compared with the analysis of anti-CCP. Similarly, Boire et al.<sup>[5]</sup> reported that anti Sa/vimentin antibodies had better prognostic markers of radiographic destruction than did anti-CCP and RF.

It is now recognized that in established RA patients the chronic inflammation in the synovium is likely to be self-perpetuated by synovial macrophages and fibroblasts through cytokine mediators, including TNF, IL-1, IL-6, and others. The macrophage-derived TNF is considered a more upstream player due to its ability to induce the production of other cytokines in synovial fibroblasts, thus underlying the effectiveness of anti-TNF-alpha in studies.[15] TWEAK is a member of the TNF superfamily of structurally-related cytokines and is a secreted protein with cytotoxic and proinflammatory activities. TWEAK was also shown to act as a growth factor by inducing the proliferation of endothelial cells.[16] However, little is known about the effect of anti-TNF-alpha on TWEAK expression. Park et al.[8] reported that serum levels of TWEAK were significantly elevated in patients with RA, and indicated a short-lived response to anti-TNF-alpha. However, in anti-TNF-alpha non-responder patients, the serum TWEAK levels were reported to remain unchanged.[8] In a recent study, TWEAK and its fibronectin (FN) receptor were found to be expressed in the inflamed synovium of RA and psoriatic arthritis patients. Of particular interest was the fact that

TWEAK and FN expression were unchanged after four weeks of anti-TNF-alpha treatment.<sup>[17]</sup>

In our study, when the patient groups and controls were compared for anti-MCV and anti-CCP, there was a statistically significant difference. The anti-MCV levels showed a significant correlation between anti-CCP and the mTSS, but there was no correlation with the serum TWEAK levels. Also, there was a significant association between anti-CCP and the mTSS. Our findings are consistent with those of Mathsson et al.[4] Contrary to relevant literature, the serum TWEAK levels of the RA patients were not significantly different from those of the controls. In Turkey, anti-TNF treatments are applied to those patients resistant to combined DMARDs therapy and with high disease activity (DAS28 score >5.1). About half of the study population was on anti-TNF-alpha therapy. These therapies may cause a reduction of serum TWEAK levels. This may also explain our findings which are contrary to the current literature that shows a slightly higher, but non-significant difference of serum TWEAK levels in patients with RA.

Although there are similar studies in the literature, one of the novel aspects of our study is the high number of patients on anti-TNF-alpha treatment in our series. Our patients had been receiving this treatment for at least five months. One limitation of this study is that we had no pretreatment data prior to the series.

In this study, we detected similar serum TWEAK levels in the patients with RA and the controls, and the levels of anti-MCV and anti-CCP were determined to be higher in the RA patients than in the controls. Also, these citrullinated peptides were correlated with mTSS. However, future comprehensive studies are needed for more conclusive evaluation of serum TWEAK, anti-CCP, and anti-MCV in RA patients.

# Declaration of conflicting interests

The authors declared no conflicts of interest with respect to the authorship and/or publication of this article.

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