Objectives: This study aims to examine the following functional polymorphisms in rheumatoid arthritis (RA) susceptibility: (i) the 587C>T of kininogen gene, (ii) the 287 bp Alu repeat insertion of angiotensin converting enzyme gene, (iii) the 9 bp insertion of bradykinin receptor 2 gene, (iv) the -58T>C of bradykinin receptor 2 gene, and (v) the -699G>C of bradykinin receptor 1 gene.

Patients and methods: The study included 136 RA patients (27 males; 109 females; mean age 60.8 years; range 39 to 75 years) and 149 ethnic matching controls (30 males, 119 females; mean age 56.2 years; range 35 to 78 years). Polymerase chain reaction coupled with restriction assay was performed for 587C>T, -58T>C, and -699G>C.

Results: Rheumatoid arthritis patients and controls carried the wild type allele of 587C>T; therefore, produced the high molecular weight kininogen. No significant difference was observed in genotype or allele distribution of the studied functional polymorphisms between RA patients and controls.

Conclusion: Kinin-kallikrein system related genes might not be major RA susceptibility loci.

Keywords: Kinin-kallikrein system; polymorphisms; rheumatoid arthritis.
screens revealed that BR1 may be related to RA. Additionally, to our knowledge, only one study in the literature described the association of the insertion/deletion polymorphism in ACE gene with RA. Therefore, genetic variants that may affect ACE, BK, and BR genes expression and function may predispose to RA manifestation. Even though the role of KKS in autoimmunity and RA is reviewed extensively in the recent literature, no genotypic data and associations are reported. Consequently, the present study is the first that examined extensively the relationship of certain functional polymorphisms of KNG, ACE, BK, BR1 and BR2 genes with RA susceptibility.

Specifically, the below functional polymorphisms were studied in this study: (i) the cytosine to thymine transition at nucleotide 22 (nucleotide 587 of cDNA) in exon 5 of KNG gene (3q27) which results in the substitution of amino acid arginine by a stop codon (Arg196Stop) leading to the low molecular weight KNG and therefore deficiency of KNG, (ii) the 287 bp Alu repeat presence (insertion) or absence (deletion) in intron 16 of ACE gene (17q23); the deletion was associated with higher tissue and plasma levels of ACE and increased ACE activity, (iii) the 9 bp insertion or deletion in exon 1 of BR2 gene (14q32); the deletion was associated with higher expression of BR2, (iv) the -58T>C variant in the promoter of BR2 gene; the T allele was associated with higher expression levels of BR2, and (v) the -699G>C of BR1 gene. Therefore, in this study, we aimed to examine the following functional polymorphisms in rheumatoid arthritis susceptibility: (i) the 587C>T of KNG gene, (ii) the 287 bp Alu repeat insertion of ACE gene, (iii) the 9 bp insertion of BR2 gene, (iv) the -58T>C of BR2 gene, and (v) the -699G>C of BR1 gene.

**PATIENTS AND METHODS**

The study, which was conducted at Ioannina University Hospital between February 2012 and August 2016, included 136 unrelated patients with RA (27 males; 109 females; mean age 60.8 years; range 39 to 75 years). RA patients were classified according to the American College of Rheumatology criteria. The demographic characteristics of patients are shown in Table 1.

Additionally, 149 ethnic matching healthy volunteers (30 males, 119 females; mean age 56.2 years; range 35 to 78 years) with no personal or family history of chronic autoimmune, metabolic or infectious diseases were enrolled. The study protocol was approved by the Ioannina University Hospital Ethics Committee. A written informed consent was obtained from each patient. The study was conducted in accordance with the principles of the Declaration of Helsinki.

Genomic DNA was extracted from peripheral blood lymphocytes according to the standard salt extraction procedure. Polymorphisms 587C>T of KNG, 287 bp I/D of ACE, 9 bp I/D of BR2, -58T>C of BR2, and -699G>C of BR1 were studied as described previously.

| Table 1. Characteristics of patients with rheumatoid arthritis (n=136) |
|-----------------|-----------------|-----------------|
| Age (year)       | n   | %    | Mean±SD   |
| Sex             |     |      |           |
| Female          | 109 | 80   | 60.8±12.7 |
| Mean disease duration (year) | n   | %    | Mean±SD   |
| 98              | 72   | 11.9±7.7 |
| Rheumatoid factor positivity |     |      |           |
| C-reactive protein |     |      |           |
| Low levels (0-6 mg/L) | 36 | 26   |           |
| Moderate to high levels (>6 mg/L) | 100 | 74   |           |
| Disease activity score in 28 joints |     |      |           |
| Low disease activity (<3.2) | 33 | 24   |           |
| Moderate to high disease activity (≥3.2) | 103 | 76   |           |

SD: Standard deviation.
**Statistical analysis**

Arlequin software was used in the statistical analysis of the studied polymorphisms in order to establish Hardy-Weinberg equilibrium in RA and control groups. Chi-square test provided by the IBM SPSS statistical package version 21.0 (IBM Corp., Armonk, NY, USA) was used to test differences in polymorphisms’ distribution between RA and control groups. Statistical significance was set at p≤0.05.

**RESULTS**

The distribution of genotypes of each polymorphism in RA and control groups was shown in Table 2. High-molecular KNG was present in all patients and controls. All the studied polymorphisms were found in Hardy-Weinberg equilibrium in both RA and control groups, with the exception of -699G>C of BR1, which show little variance (Table 2). No significant difference was found in genotype or allele distribution of the studied polymorphisms between RA and control groups (Table 2).

**DISCUSSION**

Several pro-inflammatory molecules are present in the progress of inflammatory processes, which act via complicated molecular pathways. Kinins such as BK are considered pro-inflammatory mediators and were found to induce bone resorption in RA. Bone loss due to the increased activity of osteoclasts is the result of the concerted actions of stimulatory and inhibitory cytokines. Cytokines were reported to induce the expression of both BR1 and BR2 through which BK exerts its pro-inflammatory action and induces molecular mechanisms involved in bone resorption. The above data are further supported by the fact that cytokines are mostly derived from monocyte or macrophage cells, which have been reported to play a role in RA manifestation. In addition, the increased ACE activity in monocytes and synovial cells of RA patients that inactivates BK might support the role of KKS in RA susceptibility. Finally, the increased amounts and activity of kallikrein, BK, and BR found in synovial fluid of RA patients and the reduction of the high
molecular weight KNG in synovial fluid raise the question of a potential association of the functional polymorphisms of KKS related genes with RA susceptibility.\textsuperscript{16,43-46}

However, in the present study, no significant difference was observed in genotypes distribution of the functional polymorphisms 587C>T of KNG, 287 bp I/D of ACE, 9 bp I/D of BR2, -58T>C of BR2, and -699G>C of BR1 between RA patients and controls. To our knowledge, this is the first study that explored extensively the role of the functional polymorphisms of genes related to KKS with RA susceptibility. Therefore, we hope that the present study adds knowledge to the contradictory results of previous studies based on a single genetic variant of a KKS gene.

Specifically, only in one previous study, the deletion of ACE allele was associated with RA pathogenesis.\textsuperscript{20} However, this study involved half of the number of patients compared to our study and the revealed association seems to be questionable. It is known that the deletion of ACE polymorphism is associated with increased levels and activity of ACE and therefore one could expect higher levels of BK to be transformed to the inactive form of BK1-5 reducing the inflammatory processes that are induced by BK.

On the other hand, the reported high levels and activity of ACE in monocytes and synovial cells of RA patients seem to be concordant with the high frequency of the homozygous ACE deletion in RA patients.\textsuperscript{41,42} However, the latter may be attributed to the fact that ACE is also implicated in renin-angiotensin system (RAS); transforming the inactive angiotensin I to the active angiotensin II, which mediates with cell growth and proliferation by the stimulation of cytokines and growth factors.\textsuperscript{10,47} Therefore, ACE increased activity in monocytes and synovial cells of RA patients may explain disease manifestation through RAS induced inflammatory processes, while the extent of the induced inflammation may be the equilibrium between the RAS and KKS function.

The above may provide an excuse for other studies of inflammatory diseases where the homozygous insertion ACE genotype -decreased ACE activity- was associated with juvenile RA and chronic plaque psoriasis.\textsuperscript{38,48} In addition, the results for the role of ACE genotypes in systemic lupus erythematosus and asthma are contradictory,\textsuperscript{49-53} while the data on the role of BR2 and BR1 polymorphisms in asthma and inflammatory bowel disease are limited and need further confirmation.\textsuperscript{54,55}

In conclusion, this study, which concerns a large number of KKS functional polymorphisms, revealed that genetic variants in genes of KKS cannot be considered as susceptibility factors to RA. However, additional studies on both KKS and RAS gene polymorphisms and in larger groups of patients may reveal that specific genotypic combinations of KKS and RAS are related to inflammatory disease susceptibility and/or severity.

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